Dear Parents,

Robber #4
Put unrealistic or relentless pressure on kids to perform
Expectations about success and achievement are important. Too low and kids will meet them. Too high and kids can give up. Too much and kids can experience anxiety.

Resilience notion #4: keep expectations in line with children’s abilities and don’t put excessive pressure on them.

Language of Resilience #4
‘Who have you spoken to about this’
Strategy: seeking help Good for: kids who experience bullying and social problems, handling all types of personal worries.

Hats
Hats are an important part of our school uniform and play a vital role in preventing sun damage to our skin. We ask your co-operation in ensuring your child have a Bluff Hat. These can be purchased for $10 from the uniform shop. It is also very important that it has a name on it and not just on the tag. If you could also encourage your child to check the hat they are wearing is ‘theirs’ and hasn’t got mixed up with someone else’s. It is expected that ALL students will wear their hat for ALL outdoor activities whether play or PE. Remember our school rule: NO HAT NO PLAY!

Triple A
I would like to take this opportunity to thank Kristy Mc and her volunteer helpers for running the touch footy triple A activity the past four weeks. This can be very daunting and at times difficult and trying but we need to remember that our little people are still learning how to take turns, how to not be the winner all the time and not always get what they want. Without your help these activities would not be as successful as they are and I believe the positive far outweigh the negatives. Students are still practicing the skills learnt in both sewing and touch footy. THANK YOU!

Can Collection
Mr Ken Mattews is collecting cans at Jellinbah Mine Christmas party again this year. He has asked if any willing students could help out. This volunteer service could be a good addition to RSL Bursary application. Please see Max in the office to get Ken’s number.

Lost Property
There is a pile of jumpers, track pants and things on the table outside Miss I room please have look. I would like it all to be collected by end of term (next Friday). Please remember that any items that remain at school will be put in a clothing bin. Thank you.

Colours Day
Student council raised $72.40 on colours day for the cancer foundation last Friday. Well done!
Camp
Students in the 5-7 class are off to camp next week. Students need to be at school around 6am. The bus is leaving at 6.30am please try and be punctual as we have a full schedule and a late leaving time means activities planned will have to be missed. Students not attending camp will be expected to attend school as normal.

Keep a watch on our school these holidays
Parents and students can help take care of our school by reporting any suspicious after-hours activity to School Watch on 13 17 88. By keeping an eye out we can work together to create a safer school community and help to reduce vandalism, theft and arson in our school. If you see something suspicious, please don’t intervene. Call the School Watch number and let the local police.

Happy Holidays!
I would like to take this opportunity to wish all families a safe and relaxing holiday break. Just a reminder that Monday 7 October is a public holiday. Students are to return to school on Tuesday 8 October. Please note that Monday 21 October is a student free day.

Have a great week and happy holidays!

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Student Council News
A huge thank you to all who participated in Student Council’s Blue September event on Thursday. Mr Chadbone was voted in as the lucky teacher to have his face painted blue, and we raised an awesome $115, which will contribute to Blue September’s research into men’s cancers.
We have had a huge term full of fundraisers and events, and as always we wouldn’t have been successful without the support of all the families and community members who contribute. We have not heard anything more about our Jeans for Genes Day extravaganza, but the staff are incredibly proud of Student Council and Bluff SS.
Next term, Student Council will be purchasing some replacement DVD’s as well as some new footballs and pumps for use in the Sport’s Shed. We are also considering holding a “Bluff’s Got Talent” event and hopefully getting our Worm Farms up and running. Student Council is in discussions about their stall at the Fete so stay tuned!

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Students of the Week

Congratulations to the following students
Will H- working hard in Math, Tyler D & Tyrin- tidying up and returning belongings
Ayzlin- for being a responsible and caring member of prep-1, Keisha- community minded and organising activities for fellow students, Latoya- good effort in all work areas
Cody J- making an effort to work hard in class
As we head into the last few weeks of term, we are busy preparing for assessment. Year two students are in the process of constructing dioramas to show various environments and the natural resources commonly found in them. This is part of their Science and Art assessment. Year three and four students have been investigating erosion. They have conducted a series of experiments that model the effects of erosion and compare what happens in their model to real-life examples.

In English this week, students worked on identifying and rewriting poems. Students did great work, so please come in and see their rewrites of ‘Wibberly Wobberly Woo’ hanging up in our room. Today, students are busy creating dioramas as part of their Science unit on Australian landscapes. The year 2’s have been doing the same thing and have set a high standard which I am sure the Prep/1’s will work hard to meet. In History, some great questions and stories are coming out of their chosen event and photos. All photos will be returned once assessment has been completed and marked.

Next week, we will be focusing on completing work and assessment. As we approach next week, please encourage your children to continue to work hard, they have been doing a fantastic job this term and are so close to their well-earned holiday! Some students are not on the bus yet, with myself, Mrs Edwards and Mrs Jaques always looking for opportunities to move them up onto, and where necessary, down off the bus. They are only a week away from their event day and we would hate for any child to miss out on the fun planned day due to their behaviour, attitude or work ethic. Thank you for a great term everyone!

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Help Save Our Staffroom

Staffroom for Improvement has returned and we would love to revamp Bluff’s staffroom. It’s easy to participate in Staffroom for Improvement! When you do, not only will you have the satisfaction of supporting your school – you’ll also have the chance to win prizes like an Apple iPad and iTunes gift cards.

Start by registering your details here. You can visit this website each day, and click on The Big Red Button to support your school. The first time you visit, your click will give one apple to your teachers. Your second visit and click will count as two apples. Your third visit and click will give… (can you guess?) …three beautiful juicy apples to your teachers. From there, the sky’s the limit! Come back each day and watch your apple giving power increase. The staff at Bluff will really appreciate your effort!
One Day Workshop

Come and join like minded women in a small group for this workshop

- Explore your inner self
- Understand how fear can limit your life
- Evaluate your values

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For further information and registrations please call 1300 523 985
FREAKYFRIDAY
BLUFF SCHOOL DISCO TONIGHT
6-8PM
FOOD AND DRINKS AVAILABLE
COME AND GET SPOOKY!
FREAKY FARM
5pm - 10pm
25th OCT
FAMILY
FETE
BAR
RIDES
GAMES
STALLS
RAFFLES
CANTEEN
LIVE DJ
FRIDAY

DRESS UP IF YOU WANT TO

PH 043998856 OR 49829167